

Athletes and the Arts Ambassador: **Amy Yakima**



Amy Yakima is one of the most popular and accomplished dancers in the world. She currently stars as Peter Pan in the Broadway smash hit "Finding Neverland", alongside stage stars Matthew Morrison and Kelsey Grammar. In 2013, Amy gained international fame for winning the title of America's Favorite Dancer on Fox Network's hit show "So You Think You Can Dance". She's appeared on the cover of "Dance Spirit" magazine, toured North America with the "So You Think You Can Dance" theater show, and even performed in Ukraine on their version of SYTYCD, "Everybody Dance!"

After the show, she toured the country with "Shaping Sound", the modern dance company founded by Emmy-winning choreographer Travis Wall. She then completed a year-long world tour dancing with international music sensation Lindsey Sterling.

Amy started her training at age 3 at Noretta Dunworth School of Dance in Dearborn, Michigan. At age 11, she scored the coveted role of "Clara" in the Radio City Christmas Spectacular Starring the Rockettes in Detroit,

Michigan and New York City. After graduating high school in Northville, Michigan, she attended Marymount Manhattan College on scholarship for one year in New York City, then left to tour the country with West Coast Dance Explosion.

She has assisted several of the top choreographers in the dance world today, including Travis Wall, Stacey Tookey, Dee Caspary, Joey Dowling, Jaclyn Ford, Sonya Tayeh, Dana Fogila, Chris Jacobsen, Marissa Osato, Matt Tseng, and Ricky Palomino. She has done commercial work with Nike and appeared in the video "Something In The Water" by singer Carrie Underwood.

WHY I SUPPORT ATHLETES AND THE ARTS

As a professional dancer, my body is my instrument. It is important for me to understand how my body works and how my specific anatomy affects my movement. With athletes and the arts, I have been able to work with understanding doctors and physicians to help my previous injuries & learn how to prevent any future injuries based on my body structure. I have learned what moves are dangerous for my body and how to adjust those moves accordingly to fit my body alignment and help me continue to do what I love to do and better my dance career and craft.



www.athletesandthearts.com

ATHLETES AND THE ARTS - Integrating the science of sport and the performing arts for mutual benefit.

A collaborative initiative of: American College of Sports Medicine (ACSM), Center for Music Arts Entrepreneurship, Loyola University (New Orleans), Drum Corps International (DCI), Performing Arts Medicine Association (PAMA) and supporting organizations—American Medical Society for Sports Medicine (AMSSM), American Osteopathic Academy of Sports Medicine (AOASM), Conn-Selmer, Inc., Music Teachers National Association (MTNA), National Association for Music Education (NAFME), National Association of Teachers of Singing (NATS), National Athletic Trainers' Association (NATA), National Hearing Conservation Association, New Orleans Musicians Clinic, and The Voice Foundation.